

Weight

Look at the *Weight* in the women both in terms of their relationship to gravity and their muscular ability, giving them either a light or strong motion factor. This will obviously have an impact on the woman with the dog's ability to resist the pull of the dog, and the wind. You might like to explore which way the wind might be blowing, if indeed you see wind in the picture. The umbrella may state otherwise. And the indulgence of the woman with the cat, is there any fighting effort in terms of weight with her. Referring to the mental factor of weight being Intention and Jung's link giving us Sensing which allows for a visceral and palpable sense of the world around us.

Really remember that physical and mental weight elements may be different, enjoy the dichotomy of diverse inner and outer rhythms. Again, embed this new research into that of Assignments 1 and 2. By this point it is fine if the characters from the pictures are beginning to be somewhat abstracted. You can choose how much you wish your work to refer directly back to the original pictures. The joy of this kind of play is how far we stray from the original source of our exploration.

Weight: The effort element 'firm' consists of *strong* resistance to weight, and of a movement sensation, *heavy*, or a feel of weightiness.

The effort element of '*fine touch*' or '*gentle*' consists of *weak* resistance to weight and a of movement sensation, *light*, or a feel of weightlessness.

Ref: Laban, R. Ullmann (ed.) *The Mastery of Movement*. 1980. 4th edition, p. 73.

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